



Creative  
Caring  
Fun



0115 846 1437

Welcome to our May newsletter, we have another busy month ahead with our community learning and workshops in care homes across the county, our new arts project *Clifton Storeys* starting across Clifton, as well as new family learning and our professional and starter activity training.

## Specialist Activity Training - Clifton

We have a varied programme of activity for activity professionals this May and are offering professional development training for activity professionals.

**Reminiscence; A creative approach. May 16th 10.00 - 3.30**

This professional training is a day course that provides strategies, ideas and resources to enable your care and activity staff to provide successful and effective reminiscence to your residents. The usual course cost is £70 however use promo code NEWS05 and receive 20% off, **BOOKING AND INFORMATION** <http://bit.ly/2FpbXrV>

### First Steps

**Activity Coordinator Course -**

**Day Time May 25th and June 1st 10.00 - 3.30**

**Evening course too starts May 23rd** <http://bit.ly/2HD8Y0J>

Are you interested in working as an activity coordinator? This course is aimed at anyone who would like to learn more about the role, it includes employability skills for the care sector and dementia awareness. The course is funded to anyone on certain benefits other wise the course is £30. Participant's must attend all sessions. **BOOKING AND INFORMATION** <http://bit.ly/2Ko2Pr6>

Our Workshops - We offer a changing programme of engaging and fun seasonal creative and reminiscence activities every month for your residents. Our workshop facilitators are trained and experienced in working in care settings with people who have complex needs and dementia. Through booking regular workshops you also benefit from reductions and promotions on our training and resources. We provide workshop records for each of the sessions we deliver to support your care planning and activity evidence.



We had our first **Activity Buzz** session at Varney Road in April, activity coordinators from city and county homes joined us in a planning and making session. We planned activities around the themes of the Royal Wedding and Chelsea Flower show. The group also joined us in a bath bomb making workshop. If you book regular workshops with us you can send your coordinator to our activity buzz sessions for free, other wise they are £20 per session. Our next session is **June 6th**



Thank you to Boots who have kindly donated toiletry items to put in to the Make to Give family learning bags.

Do you know an older person who would like one of the bags made by our current learners, these bags have been hand decorated and have hand made gifts and toiletries in them, plus a few kind words from their makers!



**Make to give!**

In partnership with Nottingham City Family Learning, we are able to offer our free Clifton based course for parents and their children 'Make to Give' resuming after the holidays, if you missed the beginning of this course, we will be running it again on May 14th, dates and times to be confirmed. Learn how to make a variety of craft and gift items on our course, you will be making items to put in a decorative self care bag for local older people in need.

Do you work with family groups in the city that would like our family learning, we can deliver our courses in the city area of Nottingham call us on 0115 846 1437.

## Other News

### Community Learning

We are already putting together our programme for 2018/2019 for fully funded discreet courses delivered to people living in care homes, if you would like some information on the courses we provide contact Karyn on 0115 846 1437.



### Access Activity

Do you know someone who would benefit from volunteer activity support or are you a volunteer with a hobby to share contact Sarah on 0115 846 1437.

### Clifton Storey's

We start our Clifton Storey's project this month in venue's across Clifton, check our listings if you would like to participate in this arts project.

## May 2018

### Community events/course timetable

Wednesday May 2nd 1.30 - 3.30 Projects	<b>Clifton Storeys</b> Lark Hill Village Bookings on 0115 846 1437	FREE Clifton Storeys. A new arts project for residents of Clifton. Join Lytisha Tunbridge for reminiscing, story telling and poetry.
Thursday May 3rd 10.30 - 2.30 Projects	<b>Clifton Storeys</b> Clifton Library South Church Drive Bookings on 0115 846 1437 <a href="http://bit.ly/2qLA3IP">http://bit.ly/2qLA3IP</a>	FREE Clifton Storeys. A new arts project for residents of Clifton. Join Lytisha Tunbridge for reminiscing, story telling and poetry. Lunch is included, transport available for people with disabilities.
Wednesday May 9th 1.30 - 3.30 Projects	<b>Clifton Storeys</b> Lark Hill Village Bookings on 0115 846 1437	FREE Clifton Storeys. A new arts project for residents of Clifton. Join Lytisha Tunbridge for reminiscing, story telling and poetry.
Mon May 14th NEW COURSE 3.30 - 5.00 Family Learning	<b>Make to Give - Family Learning</b> 24A Varney Road, Clifton, NG11 8EX Bookings 0115 846 1437	FREE family learning for parents and children, learn how to decorate and embellish glass, fabric and other giftware. We are making items for care bags for people living in care.
Wednesday May 16th 10.00 - 3.30 Training	<b>Reminiscence, A Creative Approach</b> Creative Paths 24 A Varney Road, NG11 8EX Bookings on 0115 846 1437 <a href="http://bit.ly/2HQ5HMT">http://bit.ly/2HQ5HMT</a>	A professional CPD course for care staff and activity coordinators that explores the use of reminiscence work in care settings. Participants will learn about techniques and resources to enable them to delivery effective reminiscence in their settings.  Course cost £70, book before April 16th and receive 10% discount.
Thursday May 17th 10.30 - 2.30 Projects	<b>Clifton Storeys</b> Clifton Library South Church Drive Bookings on 0115 846 1437 <a href="http://bit.ly/2qNuFVG">http://bit.ly/2qNuFVG</a>	FREE Clifton Storeys. A new arts project for residents of Clifton. Join Lytisha Tunbridge for reminiscing, story telling and poetry. Lunch is included, transport available for people with disabilities.
Friday May 25th/June 1st 10.00 - 3.30 Community Learning	<b>First Steps Activity Coordinator</b> Creative Paths 24 A Varney Road, NG11 8EX Bookings on 0115 846 1437	A two week work skill employability course exploring the role of activity coordinators in care settings. £30 or free to people on means tested benefits.
Wednesday May 23rd Evenings - 4 weeks 6.00 - 8.30 Community Learning	<b>First Steps Activity Coordinator</b> TBA Creative Paths 24 A Varney Road, NG11 8EX Bookings on 0115 846 1437	A four week work skill employability course exploring the role of activity coordinators in care settings. £30 or free to people on means tested benefits.

For further information contact Creative Paths (EM) CIC

0115 846 1437

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